



MENU - Wheathampstead House: Monday 14 May 2012 - Friday 18 May 2012

Note: Menus are subject to change in the case of delivery or supply problems

Week 4	MAIN	VEGETARIAN	VEGETABLES	DESSERT
Monday	PORK AND APPLE SAUSAGES	SUMMER VEGETABLE BAKE	NEW POTATOES BAKED BEANS PEAS	CHOCOLATE ANGEL DELIGHT
Tuesday	CHICKEN AND SWEETCORN PASTA BAKE	JACKET POTATOES WITH CHEESE AND SALAD	GARLIC BREAD GREEN BEANS	BANANA BROWNIES AND CUSTARD
Wednesday	ROAST LAMB WITH MINT SAUCE	CARROT AND CORIANDER GOUJONS	ROAST POTATOES CAULIFLOWER BROCCOLI	FRESH FRUIT PAVLOVA
Thursday	BEEF CHILLI CON CARNE	CHICK PEA CURRY	BASMATI RICE BATON CARROTS	APPLE AND RASPBERRY CRUMBLE AND CUSTARD
Friday	FISH FINGERS	CHEESE AND ONION FLAN	CHIPS PEAS SPAGHETTI HOOPS	STRAWBERRY JELLY

**Also available daily -
JACKET POTATOES, A SELECTION OF FRESH SALADS, LOW FAT YOGHURTS AND FRESH FRUIT**